



Senior
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Portland Metro Area

Presents

“Keeping Joints Healthy—And What To Do If They’re Not”

Legacy Meridian Park Hospital, Total Joint Program

Kathy Snader, RN, Project Coordinator
Sarah Horeis, RN, Clinical Resource Coordinator
Andrea Swanson, MSPT, Physical Therapist
Amy Sutherland, OT, Occupational Therapist

Date: Monday, April 24, 2006

Time: 3:00-5:00 p.m.

Location:

Legacy Meridian Park Hospital
(Community Health Education Center)
19300 SW 65th Ave.
Tualatin, Oregon 97062

Directions & map on back
or call (503) 692-1212

1.0 CEU pending from
Board of Examiners of Nursing Home Administrators

RSVP to Margaret Horn

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Email: mhorn@avamere.com

Name: _____ Company: _____

Phone: _____ Fax: _____ Email: _____

- Yes, I will be able to attend the April 24 SPIN meeting at Legacy Meridian Park Hospital
- No, I am unable to attend, but keep me on the mailing list
 - Please send notices to my e-mail address:* _____
- No; please remove me from the mailing list

**Sending SPIN notices by e-mail will greatly reduce the mailing costs for hosting facilities.*

KEEPING JOINTS HEALTHY—AND WHAT TO DO IF THEY'RE NOT

- How to keep your joints healthy
- Identifying factors for determining when to have a joint replacement
- Pre-op assessment to facilitate discharge needs
- Overview of the LMPH Total Joint Program

DIRECTIONS

From I-5, take the Sherwood/Tualatin exit (#289). Turn East onto Nyberg St. (a left turn from the North, a right turn from the South). Go 0.4 mile; Nyberg St. curves right and turns into 65th Ave., take *first* entrance driveway, on the left, up the hill toward the hospital. Session will be at the Community Health Education Center (first building *on the right* after you turn onto the entrance driveway—not the medical office building).

MAP

