



Senior Provider Information Network  
Portland Metro Area [www.spinportland.org](http://www.spinportland.org)

*Presents*

## **“What Hat Are You Wearing?”**

***Suzanne Roberts***  
**Home Instead Senior Care**

**Date:** Monday, April 30, 2007

**Time:** 3:00-5:00 p.m.

**Location:**

Willamette Falls Community  
Health Education Center  
519 15<sup>th</sup> St.  
Oregon City, OR

**Map on next page**

or call (503) 650-6852

**(In conference rooms C&D upstairs)**

--1.0 CEU applied for from Board of Examiners of Nursing Home Administrators--

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: **If you plan to attend, let us know at “RSVP Now!” on the SPIN website\*** :  
: ***www.spinportland.org*** :  
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### What Hat Are You Wearing?

Many of us bring to our profession the personal experience of family caregiving. Our maturity is highly valued in our industry. However, if we don't recognize the unconscious possibility of seeing our natal family in our residents and clients, we can become emotionally hooked and overly involved in situations where we best serve by being a resource. We stay off that slippery slope first by recognizing when we are getting hooked and second by brushing up on our own personal coping skills to guard our professional boundaries.

**Please Forward and/or Post This Invitation for Others Who May be Interested**

**SPEAKER:**

**Suzanne Roberts**, author and owner of two Portland west metro Home Instead Senior Care franchises, has more than a decade of problem-solving experience around issues related to the elderly and their families. She is the author of *Coping in New Territory: The Handbook for Children of Aging Parents*, a valuable resource for aging children learning to take good care of their loved one, each other and themselves in the changing circumstances caused by medical and other life changes that aging can bring. She facilitates the monthly Children of Aging Parents support group offered by Legacy Hospitals in Portland.

Suzanne has spoken to scores of family and professional groups locally and nationally and has been a featured guest on regional news and morning TV and radio shows and on national radio. In addition to having a bachelor's degree in Human Services, Suzanne also holds the professional designation of CSA, Certified Senior Advisor.

**MAP:**

