



# Senior Provider Information Network

Portland Metro Area

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*Presents*

## **“Why Do Elders Do What They Do?”**

***Lee Paton, RN, Ph.D.***

**Date:** Monday, June 23rd, 2008

**Time:** 3:00-5:00 p.m.

**Location:**

Encore Senior Village at Portland  
1808 SE 182<sup>nd</sup> Ave  
Portland, OR 97233

**Phone:**

503-492-6942

**--1.0 CEU applied for from Board of Examiners of Nursing Home Administrators--**

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: If you plan to attend, let us know at “RSVP Now!” on the SPIN website\*  
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: .....

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Please join Lee Paton as she discusses why elders do what they do. So often, we nod patiently as we listen to elders complain about how hard it is to live their lives. These complaints are commonly referred to as “organ recitals” of multiple aches, pains, and diseases. It can be easy to dismiss these complaints as just part of the aging personality, but there are solid, physiological reasons that elders struggle with living in a body as it moves into its 8<sup>th</sup>, 9<sup>th</sup>, and 10<sup>th</sup> decade. This program will describe the normal physical changes associated with aging and provide quick, easy ways to understand the how’s and why’s of elders’ feelings of frustration with their aging bodies.

**SPEAKER: Lee Paton, RN, Ph.D.** is the clinical director of Spectrum Elder Services, Inc. and is a gerontologist, educator, and healthcare consultant in the Portland area. Spectrum specializes in caring for clients with dementing illnesses and has a particular interest in working with challenging behaviors. She also serves families and facilities to help develop care strategies that foster safety and quality of life. She has lectured widely in the United States and Asia on topics related to gerontology, chronic illness, pain, suffering, palliative care, and death and dying. Lee is also an adjunct professor at Concordia University in the School of Nursing and the School of Healthcare Administration.

***Please Forward and/or Post This Invitation for Others Who May be Interested***

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