



Senior Provider Information Network

Portland Metro Area

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Presents

“Finding the Softer Side of Alzheimers”

Bonnie Nester

Date:

July 27th, 2009

Time:

3:00-5:00 p.m.

Location:

Courtyard Senior Living
6323 SE Division St
Portland, OR 97206

Phone:

503-772-9795

--1.0 CEU applied for from Board of Examiners of Nursing Home Administrators--

If you plan to attend, let us know at “RSVP Now!” on the SPIN website*

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(This is important for speakers copying handouts and facilities preparing refreshments!)

Please join Bonnie Nester as she discusses her journey with her mother and Alzheimer’s. Bonnie Nester is the author of a book titled *Moments This Good...The Softer Side of Alzheimer’s*, which documents her mother’s eight-year journey with the disease. The book offers hope, humor and suggestions as to how to survive many of the day-to-day experiences in the life of an Alzheimer’s sufferer. She will be speaking to us from the viewpoint of a family member and caregiver. Bonnie’s hope is that through her book, she might help those just entering the Alzheimer’s journey, letting them know that they are not alone in this often overwhelming disease.

SPEAKER: Since the publication of her book in April of 2008, Bonnie has been speaking to Alzheimer’s support groups and caregivers in the Portland metropolitan area. Her book has been distributed in many assisted living facilities, and will be required reading for the Gerontology caregiving class at Portland Community College in the fall. To aid in increasing awareness of Alzheimer’s disease, Bonnie has also spoken at Rotary and Chambers of Commerce gatherings.

Before becoming an author and speaker, Bonnie worked as a Purchasing Manager for a manufacturing company in Portland. She retired early to spend more time with her mother, Ruth, after Ruth’s diagnosis of Alzheimer’s disease. Since her mother’s death, Bonnie’s passion has been to help those with Alzheimer’s, as well as their families. She comes to us as one who does not consider herself an expert on the medical complications of this disease, but as one who has experienced and supported her mother’s journey through eight difficult, yet rewarding years with the willingness to pass on what she learned.

Please Forward and/or Post This Invitation for Others Who May be Interested

