



Senior Provider Information Network

Portland Metro Area

www.spinportland.org

Presents

“Look Into Your Heart...Understanding Better Heart Health Can Be a Life Changing Experience.”

Frank Lord, M.D.

Date:

Monday, October 26th, 2009

Time:

3:00-5:00 p.m.

Location:

Russellville Park
23 SE 103rd Ave
Portland, OR 97086

Phone:

503-254-5900

Parking is West building parking garage off Ankeny

--1.0 CEU applied for from Board of Examiners of Nursing Home Administrators--

If you plan to attend, let us know at “RSVP Now!” on the SPIN website*

www.spinportland.org

(This is important for speakers copying handouts and facilities preparing refreshments!)

Please join Frank Lord, M.D. as he discusses better heart health. Seventy Percent of men over 50 and women over 60 have some degree of heart disease. And they don't know it until they have a cardiac event such as a heart attack.

*Learn about new CT technology that allows you to see inside your arteries.

*Discover how you can reverse heart disease without medication or surgery.

*Learn about lifestyle changes that increase vitality and keep seniors in their active living stage for years longer.

SPEAKER: Frank Lord M.D., currently functions as Medical Director for the Silverton Hospital Network and Director of WellspringHeart. He came to Silverton in 1974 and worked in Family medicine for 18 years. In 1992 he took on the directorship of the Emergency Department at Silverton and worked there as an ER physician until January of 2008. He owns and operates a wholesale nursery and is interested in sculpting and running.

Please Forward and/or Post This Invitation for Others Who May be Interested

